

## Informed Consent Form

### Instructions to Clients — Please Read Carefully, Print, Sign, Scan, and Return Via Email

- (1) I am at least eighteen years of age, and voluntarily seek philosophical counseling from Todd Eklof, D.Min. I am free to seek his services on a continuous or intermittent basis, or to discontinue them at any time.
- (2) My identity as a client will remain confidential with regard to any research publications and/or oral presentations of the contents of our consultations. Records in this study will be kept confidential to the extent permitted by law.
- (3) As a client, I will be asked to do the following: To discuss my issues with the philosophical counselor, and to answer relevant questions to the best of my ability.
- (4) If the counselor adjudges that my issues are not primarily philosophical ones, or that they should not be addressed in the first place through philosophical counseling, then the counselor will refer me for alternative professional consultation.
- (5) The philosophical counselor will assist me in coming to terms with my issues. The counselor will not determine what I should or should not do, and will make no choices for me. Rather, the counselor will help me to clarify the implications of my possible choices.
- (6) The following benefits are expected to result from the counseling process:
  - (i) Minimally, the client should gain a deeper understanding of his or her issues.
  - (ii) Maximally, the client should feel more empowered to cope with or to resolve said issues.
- (7) No risks are expected to result from the counseling process.
- (8) The fee for the initial consultation, and for subsequent consultations, is \$125 (USD) per hour, payment via Paypal. The client is not required to have a Paypal account. Discount: APPA members (in all categories) receive a 15% discount. To join APPA, please see <https://appa.edu>
- (9) Cancellations must be made at least 24 hours in advance, or else fees will be charged.

I understand the given information about the counselor's responsibilities, and about my expectations. I have had an opportunity to ask preliminary questions about philosophical counseling. All questions that I did ask were answered to my satisfaction.

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Client's Printed Name

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Client's Signature

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Date